



# The Muff-A-Lottas

## Our History

This Troupe began in 2009 with a fabulous group of ladies who love New Orleans and celebrating this beautiful city. The theme of our organization is retro diner waitresses that shimmy and perform to music with a connection to New Orleans. We are a social organization that strives to promote sisterhood and also loves to dance down St. Charles Avenue (or wherever the parade of the day may be).

All you can eat! We are a dance troupe filled with New Orleans ladies that are ready to strut our Muff Stuff down the nearest parade route. Come follow us!

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**Events:** Muffalottas mixer to meet the group and learn how to be a member, learn about the Shimmy Sisterhood, and meet the troupe's governing board ("The Hot Plates"). At the Mixer, Collected nonperishables and turned in to 2<sup>nd</sup> harvest food bank

Work lots of community functions, nola on tap, running of the bulls, musician's clinic blood drive,

Participate in decadence festival, Krewe of Boo, halfway to Halloween dance off, easter Parade

## General Information

During the annual Muff-A-Lotta season, the Troupe meets every Tuesday night. We also host a variety of "Boot Camps" to practice our dances in forward motion. We participate in many events throughout the annual Muff-A-Lotta season such as parades, second lines, performing on stage, and assisting in charitable events. Attendance is taken at all meetings, boot camps, and events. All members are highly encouraged to attend ALL meetings and must have 50% of participation through the year. All Muff-A-Lottas are required to pay annual dues (\$350) that are used to purchase costume components, craft supplies, troupe insurance, maintain our support vehicle and sound equipment, and any other troupe-related expenses throughout the season. Please note that certain costume items must be purchased individually and are not covered by dues.

## Application Process

If you are interested in becoming a Muff-A-Lotta, complete the form and submit it by April 30th. We will be hosting a mixer April 23rd at Eiffel Society to meet the krewe. Space in the group is limited, so if you do not get in this season, we encourage you to register as a bun-warmer (support staff member) in the form below! Bun-warming is a great entry point into the group, and it is the way that most of our Muff-A-Lotta sisters became active shimmy sisters. All

new members will be notified of their acceptance into the group via email by June 1st. Men with group are called Po Boys

### **Advice for being a Muff-A-Lotta**

Dancing six miles during Mardi Gras is alotta work! We get tired, our feet ache, and we have to keep smiling anyway. Can you comfortably commit to completing a variety of events and parades...even if it rains the whole way or if you get tired by the time we hit Lee Circle? Consider your current lifestyle, workload and prior commitments before joining. We want to welcome as many new faces as we can, so we want you to be realistic about your ability to commit to a group that practices weekly and performs roughly 20-28 times during a 9-month season. Our goal is to have you shimmy with us as often as you reasonably can!

Pinning ceremony for new class of MuffALottas

Each newbie, picks a name reflective of their personalities.

**Signature throw:** customized bead muffaletta

**Outfits:** 50's diner waitress outfits (black shirts red scarves, blue dresses, hush puppies shoes, platters, red mini-fez hats)



Float of sorts that follows the troupe looks like a Blue 50's Cadillac

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Themuffalottas.com